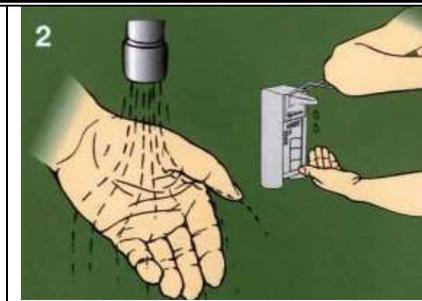
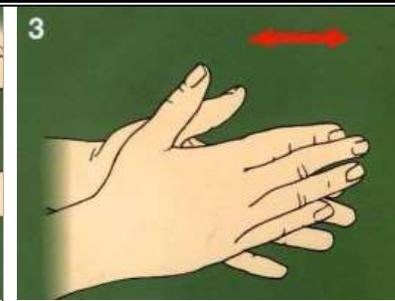
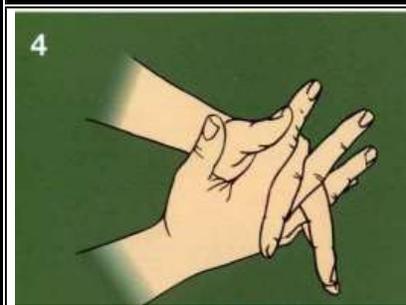
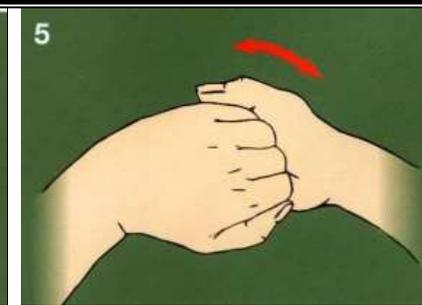
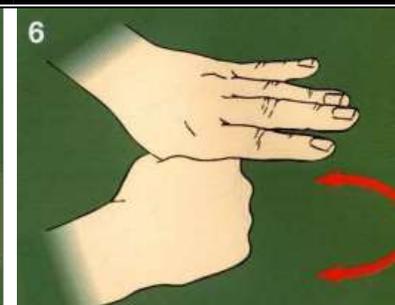
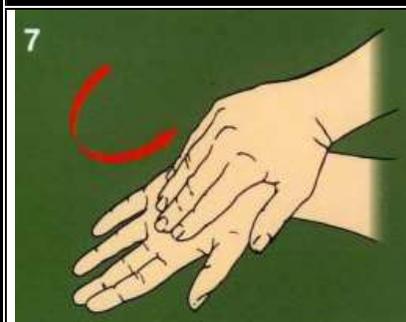
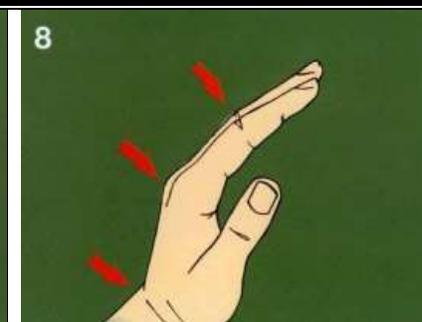
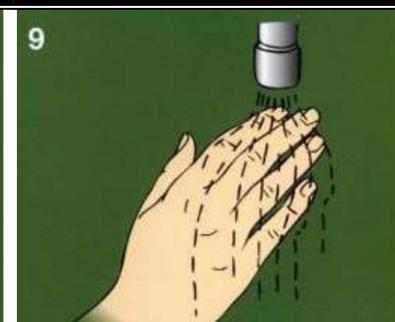


POSTUPAK PRANJA RUKU

MINIMALNO VREME PRANJA RUKU JE 20 SEKUNDI

		
<p>1 Skinite sat i ostali nakit</p>	<p>2 Pustiti vodu, nakvasite ruku i nanesite sapun</p>	<p>3 Trljajte dlanove</p>
		
<p>4 Ukrstite prste i trljajte da bi oprali prostor između njih</p>	<p>5 Prsti sklopljeni u šaku, položeni u dlan suprotne ruke</p>	<p>6 Kružnim kretanjem dlana peremo palac ruke</p>
		
<p>7 Kružnim kretanjem stisnutih prstiju trljajte dlan</p>	<p>8 Trljajte gornji deo šake i ručni zglob</p>	<p>9 Isperite ruke tekućom vodom</p>
		
<p>10 Obrišite ruke papirnatim ubrusom ili maramicom</p>	<p>11 Zatvorite slavinu papirnatim ubrusom</p>	<p>12 Bacite papirnati ubrus u kantu za smeće</p>